

# **American Frugal Housewife: Dedicated To Those Who Are Not Ashamed Of Economy (Cooking In America) By Lydia Child**

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**lydia maria francis child: cookbook writer and author of famous** - She was the author of *The Frugal Housewife*, a book aimed at poorer It was an attempt at a scientific approach to housekeeping and cooking, *American Frugal Housewife, Dedicated to Those Who Are Not Ashamed of* 1833 -- Published a book called "An Appeal in Favor of that Class of Americans Called Africans.

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**the american frugal housewife: dedicated to those who are not** - The American Frugal Housewife: Dedicated to those who are not ashamed of economy. Along with simply written recipes for roasting a pig and preparing corned beef, hasty pudding, Lydia Child, a woman with diverse interests belonged to America. This book is "Dedicated to those who are not ashamed of economy.

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